JUNE 2026

MOORLANDS RURAL PCN

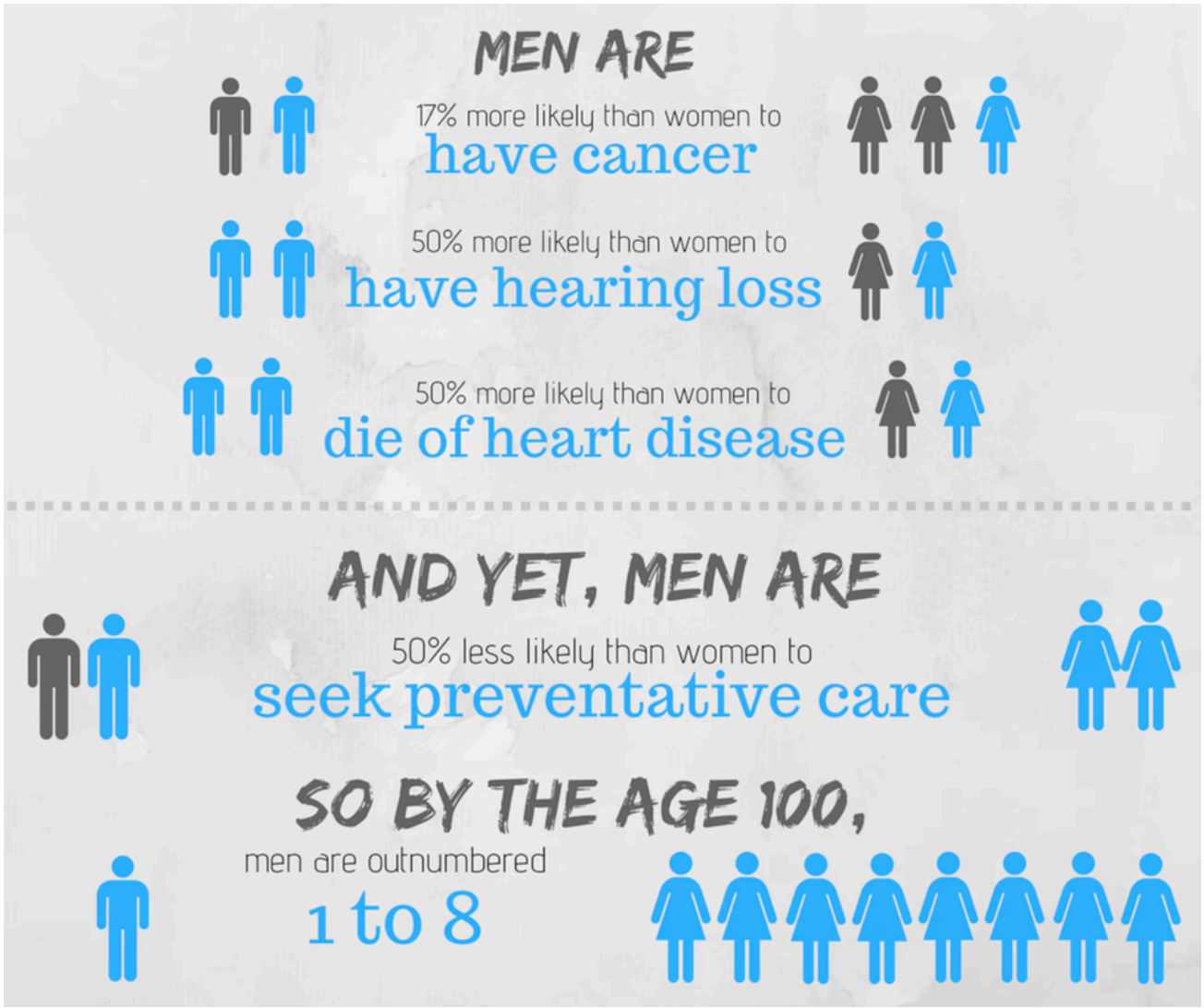
NEWSLETTER

Dear colleagues,

June is Men's Health Month, providing an important opportunity to raise awareness of the health challenges facing men and to encourage early intervention, regular health checks, and open conversations about both physical and mental wellbeing.

As primary care professionals, we are uniquely placed to support men in accessing the care and advice they need, helping to improve health outcomes across our communities.

Thank you for your continued commitment to delivering compassionate, high-quality care and for the positive impact you make every day.



JUNE 2026

MOORLANDS RURAL PCN

Physicians Assistants (PA)

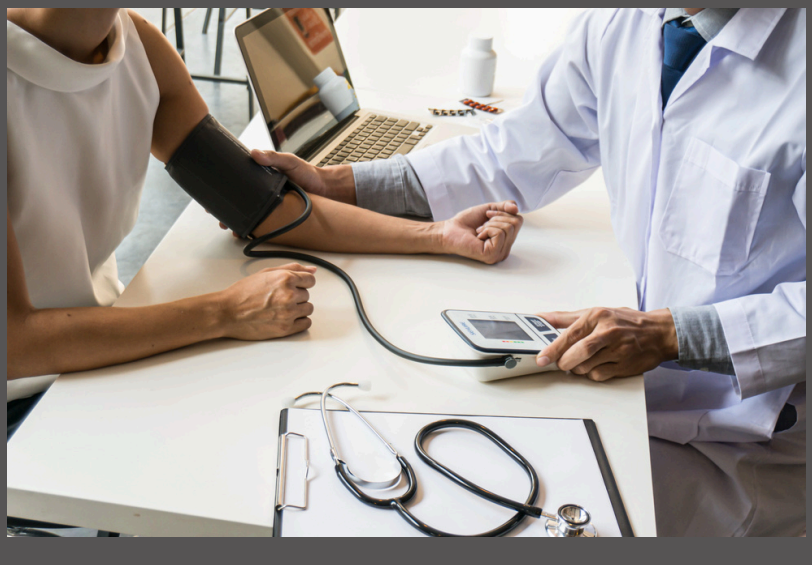
Physicians Assistants (PAs) are healthcare professionals with a generalist medical education, who work alongside doctors providing medical care as an integral part of the multidisciplinary team.
PAs are dependent practitioners who work under the supervision of a fully trained and experienced doctor. They bring new talent and add to the skill mix within teams, providing a stable, generalist section of the workforce which can help ease the workforce pressures that primary care currently faces.

Key Responsibilities

- Clinical Assessments: Taking detailed medical histories and conducting thorough physical examinations.
- Diagnosis & Treatment: Formulating differential diagnoses and developing patient care and management plans.
- Diagnostics: Ordering and interpreting diagnostic tests (like blood work) and imaging.
- Patient Education: Counseling patients and their families on health promotion and disease prevention.
- Care Coordination: Reviewing complex cases with supervising doctors, attending ward rounds, and managing discharge summaries

What a PA cannot do:

- Prescribe medication. (They must rely on a supervising doctor to issue prescriptions).
- Order every type of scan or investigate highly complex, undifferentiated cases without consulting a GP



Marcus Williamson
PA (Well Street)



Sharon Laver
PA (Tean & Waterhouses)



PAs help patients access care faster by diagnosing illnesses, conducting examinations, and supporting treatment plans under a doctor's supervision.



JUNE 2026

MOORLANDS RURAL PCN

Updates

Cancer bus

Some members of our PCN team visited the Cancer Bus at Cheadle Car Park last month. During the visit, they learned more about the range of support and services available to people affected by cancer. This valuable insight will help us better signpost and support our patients, while also contributing to raising awareness of cancer support services within our local community.



Mental Health support day



Support Time Recovery Worker, Diane was invited by Leek building society on Cheadle high street to do a drop in this month. LBS are also volunteering at Wellspring tea and toast group on Fridays, making teas and coffees.
The session went well and further dates have been added.

Staffing updates

SPLW covering maternity



Kate Dawes has settled into her new temporary position as Social Prescriber covering all surgeries. Kate will be with us until November 2026. Kate also runs *Kate Dawes Studio* offering Pen drawing sessions for wellbeing workshops.

Veterans information & Support day

Kerri Marsh, HWBC, hosted a Veteran's information and support day at Blythe library. She was joined by a range of professionals, including Everyone Health, Alzheimer's Society and many more. The event was very informative.









17TH JUNE 2026
AT BLYTHE BRIDGE LIBRARY
From 10 am to 4 pm

For more information on similar events contact Kerri.Marsh@Staffs.nhs.uk

JUNE2026

MOORLANDS RURAL PCN

SAVE THE DATE

Coming up...



Wellbeing day

Diane will be hosting a Wellbeing day at Wellspring Methodist Church in Cheadle next month. This will include various professionals, charities and agencies on the day. Such as CAB, DWP, North staffs carers, Womens projects, energy advice, mental health advice and social prescribing to name a few.

July 16th
10am - 1pm
Wellspring Methodist
Chapel St, Cheadle
ST10 1DY

Menopause event

HWBC, Kerri is hosting a Menopause event at the Guild Hall. Featuring a talk by Menopause Specialist Dr Anderson, freebie stalls, research and menopause services and the research bus. Booking is essential using the QR code.

trybooking.com/uk/GJYA

July 20th
5pm - 7pm
The Guild Hall, Cheadle
ST10 1BG

Staff wellbeing Survey

Thank you to everyone who took the time to complete the staff survey — we really do appreciate it.
We've looked carefully at your feedback across both 2025 and 2026, and it's helped us shape some of the changes we've already made, as well as plans for what's coming next.

Thanks again for your feedback – it's valuable, and helping to shape how we continue to develop as a PCN. If you have any suggestions on how we can improve, then do get in touch.

You said: Communication around updates and staff changes could be clearer
We did: We introduced a regular PCN newsletter and more structured team meetings, so everyone is kept up to date and informed

You said: It would help to better understand different roles across the PCN
We're doing: We're planning an ARRS-wide session where each role will give a short overview of what they do, how they support patients, and what sits within their remit

You said: It can sometimes feel difficult to feel part of one team across different sites
We're doing: We're creating more opportunities for teams to come together, share learning and build stronger connections

You said: Training and support could be improved, particularly when things change
We're doing: We're looking at how we can provide more consistent support and training, especially around system or process changes

This newsletter has been created and designed by Abigail Calvert, please contact Abigail at *Abigail.Calvert@staffs.nhs.uk* if you have anything to add to a future edition.